

Rangeland is committed to ensuring the health and safety our workers, contractors and the communities in which we work. In response to the province of Alberta declaring COVID-19 a public health emergency, Rangeland is directing to take these proactive and preventative measures. These measures will be in place until specifically instructed otherwise by the Pandemic Coordinator in accordance with provincial and/or federal Health Authority requirements. **please note the following:**

- Scott Wilkie is Rangeland's Pandemic Coordinator. All corporate communications regarding the pandemic and Rangeland's corporate actions will come directly from Scott.
- Essential field work will require COVID-19 protocols, see below.
- Meetings will be conducted via phone, conference calls or video-conferencing.
- Offices remain open to staff for critical business. Visitors are not allowed. Worker's will work remotely/from home.
- To protect yourself while out in public, wash your hands frequently and maintain a distance of about 2 meters from others. Follow provincial requirements. Use respect.
- If you are sick, stay home. If you have COVID-19 symptoms (fever, cough, shortness of breath, difficulty breathing, sore throat, runny nose or nasal congestion or have been exposed to someone who has COVID-19) you MUST [self-isolate](#). Complete the [COVID-19 online self-assessment](#) to determine if you should receive testing for COVID-19.

Identifying and isolating people with COVID-19 is the only way to stop the spread. Information is changing rapidly, so please conduct the [COVID-19 online self-assessment](#) which includes two other useful links including [AHS Covid-19 Response - Information for Albertans and Health Professionals](#) and [Frequently Asked Questions](#). Please do not visit a hospital, physician's office, lab or healthcare facility without consulting Health Link 811 first. If your symptoms worsen, call 811. Call 911 if you are seriously ill and need immediate medical attention (and inform them that you may have COVID-19).

Dispatching Contractors for Essential Work

- Rangeland work site supervisors who dispatch contractors (third party service providers) for essential work should ask the contractor if they have a Pandemic Plan/Protocol. Clearly communicate that contract workers who have COVID-19 symptoms including fever, cough, shortness of breath, difficulty breathing, sore throat, runny nose or nasal congestion or have been exposed to someone who has COVID-19 **must not** travel to a Rangeland work site and MUST follow provincial requirements to [self-isolate](#).
- All workers are expected to arrive for work fit for duty, which includes provincial health requirements during the COVID-19 pandemic.
- Contractor's must arrive fit for duty with proper cleaning supplies based on the type of work that will be completed (as a minimum hand sanitizer and disinfectant to clean work surfaces before and after work).
- Conduct tailgate and pre-job safety meetings outside if possible, maintain social distancing of about 2m between workers. Workers do not have to sign on to safe work permit (the permit issuer can print names of all workers). Do not share pens or paperwork.
- All workers must follow proper handwashing (warm soap and water for 20 seconds) or use hand sanitizers when soap and water isn't available.
- Practice social distancing (~2m distance between workers) including when work is being done and when on breaks.
- Cough into arm, use tissues and properly dispose of waste.

Documentation/Equipment/Tools

- Do not share pens, paperwork, workstations, devices or tools. If required to share, following proper cleaning procedures.

Group Size/Separation/Social Distancing

- Avoid handshakes.
- Maximize social distancing of ~2m during work activities and during any breaks.
- Keep group sizes small – fewer than 8 people in any gathering/meeting when possible.
- Minimize activities where groups of workers congregate including work areas, eating areas and designated smoking areas.
- Don't double up personnel if a task can be safely completed by a single worker.

Cleaning

[Environmental Cleaning in Public Facilities](#)

- Clean common work areas before and after every shift.
- A disinfectant must have a Drug Identification Number (DIN) and virucidal claim. Be sure to follow the instructions on the label to disinfect effectively. Alternatively, a bleach and water solution with 100 ml of unscented household bleach per 900 ml of water can be prepared.
- Each worker and/or work crew should discuss and define COVID-19 hazards and controls based on the specific type of work that they will be completing as part of any safe work permit, safety meeting or field level hazard assessment (FLHA).

- Office buildings will have increased cleaning and post signs as may be required.
- Regular/frequent washing is strongly encouraged (especially arriving onsite, after washroom use and before eating). Ensure hand sanitizers are readily available. Ensure proper waste disposal. Regularly wipe down common work surfaces.

Security & Emergency Response

- At the close of business each day, any work areas must be secured completely, as if shutting down for an extended period.
- Workers that fall ill **must immediately self-isolate** and report the illness to their Supervisor.
- While specific personal information is confidential, any case must be reported by the Supervisor to the Pandemic Coordinator.
- Any worker, work-related, medically confirmed case of COVID-19 illness (positive COVID-19 test) will result in the activation of the Corporate Emergency Response Plan (ERP) at Alert level or higher and immediate measures will be taken to protect people, contain and isolate, and communicate internally and externally as may be required in accordance with Public Health protocols. Similarly, if there is significant absenteeism based on illness, an Incident Action Plan should be developed in accordance with provincial health authority requirements. Response measures may include: deep-cleaning, temporary site closure, restricted access and provision of additional PPE, and notification of others who worked at the site.
- As of March 23, 2020, COVID-19 testing will only be completed for symptomatic, high risk groups. Workers who have had symptoms must stay at home and [self-isolate](#) for at least 10 days after your symptoms started and until you no longer have symptoms.

Resources: [AHS COVID-19 and Your Mental Health](#); [CDC COVID-19 Manage Anxiety & Stress](#); and [AHS - Help in Tough Times](#)
COVID-19 Self Assessment <https://myhealth.alberta.ca/journey/covid-19/Pages/COVID-Self-Assessment.aspx>
[Alberta - Healthy Together](#) [Government of Canada Coronavirus disease \(COVID-19\) Information](#)